

**COLONOSCOPY**  
**Nulytely/Golytely Prep Instructions**

**Where: ADVANCED ENDOSCOPY CENTER (AEC)**  
**5500 Broadway, Bronx NY 10463**  
**(West 230<sup>TH</sup> STREET & BROADWAY) SUITE1A**  
**718-548-7900**

**Name\_\_\_\_\_Date\_\_\_\_\_TIME\_\_\_\_\_**

*Discontinue any other medications you were instructed to by your doctor.*  
One week prior to the procedure: *discontinue all aspirin or medications containing Aspirin/Alevee/Motrin/Advil/Ibuprofen.*

Day before the procedure:

**DO NOT EAT ANY SOLID FOODS**

**(No RICE, BEANS, CORN, VEGETABLES, FRUITS)**

*All day clear liquid diet, unlimited quantities of juice, broths, soda, tea, coffee, jello. Do not drink anything that is red or purple.*

6PM on the evening before:

*Fill gallon of Nulytely to the line with cold tap water and drink 8oz glass every 15-20 min.*

*After you finish the gallon, you must take TWO 5MG Dulcolax pill (which you can purchase at the pharmacy over the counter). For the rest of the evening clear liquids; Begin fasting at midnight.*

On Day of procedure **DO NOT EAT OR DRINK ANYTHING! TAKE ALL YOUR REGULAR MEDICATIONS!**

*If you are diabetic do not take your DIABETES PILLS the day of procedure. (ADJUST INSULIN DOSE AS PER DR INSTRUCTIONS)*

**You must notify our office at least 48 hours in advance of any changes or cancellations. You must arrange for someone to pick you up and take you home.**

**Any questions please contact our office 718-796-1000**  
**[www.gastroriverdale.com](http://www.gastroriverdale.com)**