

## COLONOSCOPY

### Nulytely/Golytely Prep Instructions

Where: ADVANCED ENDOSCOPY CENTER (AEC)

5500 Broadway, Bronx NY 10463  
(West 230TH STREET & BROADWAY) SUITE1A  
718-548-7900

Name \_\_\_\_\_ Date \_\_\_\_\_ TIME \_\_\_\_\_

Discontinue any other medications you were instructed to by your doctor.

#### **One week prior to the procedure:**

discontinue all aspirin or medications  
containing Aspirin/Alevee/Motrin/Advil/Ibuprofen.

#### **Day before the procedure:**

**DO NOT EAT ANY SOLID FOODS**  
(No RICE, BEANS, CORN, VEGETABLES, FRUITS)  
All day clear liquid diet, unlimited quantities of juice, broths, soda, tea,  
coffee, jello. Do not drink anything that is red or purple.

#### **6PM on the evening before:**

Fill gallon of Nulytely to the line with cold tap water and drink 8oz glass  
every 15-20 min.

After you finish the gallon, you must take TWO 5MG Dulcolax pill (which you can purchase at  
the pharmacy over the counter). For the rest of the evening clear liquids; Begin fasting at  
midnight.

#### **On Day of procedure :**

**DO NOT EAT OR DRINK ANYTHING! TAKE ALL  
YOUR REGULAR MEDICATIONS!**

If you are diabetic do not take your DIABETES PILLS the day of  
procedure. (ADJUST INSULIN DOSE AS PER DR INSTRUCTIONS)

**You must notify our office at least 48 hours in advance of any changes or cancellations.  
You must arrange for someone to pick you up and take you home.**

Any questions please contact our office [718-796-1000](tel:718-796-1000)

[www.gastrorivedale.com](http://www.gastrorivedale.com)